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**Mental Health Charity *A Beautiful Mind Foundation, Inc.*
Launches the ABMF “Month of Thanks Giving” Campaign**

The grantmaking organization is advocating for good mental health by encouraging people to practice gratitude in this challenging time

Nov. 2, 2020, Hyattsville, MD— *A Beautiful Mind Foundation, Inc.* (ABMF), a Hyattsville-based 501(c)(3) grantmaking public charity is turning the November Thanksgiving season into the ABMF “Month of Thanks Giving.” Volunteers with the nonprofit are asking people to share what they are grateful for in this difficult year in short videos posted to Facebook and Instagram using #ABMF and #MonthofThanksGiving through November.

“As a mental health grantmaking and advocacy organization, the ABMF mission is to support good mental health by funding culturally competent mental health services for organizations across the country,” said Adrienne Augustus, ABMF founder and board president. “While our funding primarily supports communities of color, we want *A Beautiful Mind Foundation* to be a source of mental wellness and hope for everyone. This campaign for a month of thanks giving is for *all* people.”

ABMF volunteers raised nearly \$25,000 in the organization’s first ten months and awarded \$22,315 to groups and individuals across the country that have created mental health programs that support BIPOC. The ABMF “Month of Thanks Giving” features [short videos from grant recipients](#) and supporters, but anyone can participate. Campaign organizers hope to spark a wave of gratitude across the country while also encouraging people to donate to ABMF.

“This year has been full of challenges on so many levels,” said Board of Directors Member Debbie Adams. “Studies show depression rates are more than three times higher now in the United States than they were before the pandemic began. We hope this campaign will support mental wellness on a large scale by reminding people to search for the good, despite all of the bad 2020 has brought us. And, if they are in the position to give, we hope they will also donate to help those who need support,” she said.

The all-volunteer board of directors has a goal to raise \$50,000 by the end of 2020 in preparation for the 2021 ABMF grantmaking cycle. In July, international gaming corporation Scientific Games kicked off the organization’s second year of fundraising with a contribution of \$10,000, making it *A Beautiful Mind Foundation’s* first corporate donor.

For more information, visit www.ABeautifulMindFoundation.org and join the conversation on [Facebook](#), [Twitter](#) and [Instagram](#). To schedule interviews, call 301-456-0640.

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A Beautiful Mind Foundation, Inc. (ABMF) is a 501(c)(3) grantmaking public charity based in Hyattsville, MD. Established in 2019, ABMF’s mission is: To positively impact lives by investing in culturally competent mental health services that educate, enlighten and empower our diverse community. The all-volunteer-led organization operates on donations from the community. www.ABeautifulMindFoundation.org Facebook: @ABeautifulMindFoundation Twitter: @BM4mentalhealth Instagram: A_Beautiful_Mind_Foundation